

**New Patient Information**

Name \_\_\_\_\_ Today's Date \_\_\_\_\_  
Street Address \_\_\_\_\_ Unit \_\_\_\_\_  
City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_  
Preferred Phone \_\_\_\_\_ Email \_\_\_\_\_  
Birth Date (include year) \_\_\_\_\_ Age \_\_\_\_\_  
Gender \_\_\_\_\_ Height \_\_\_\_\_ Weight \_\_\_\_\_  
Occupation \_\_\_\_\_ Employer \_\_\_\_\_  
Marital Status \_\_\_\_\_ Referred by \_\_\_\_\_  
Emergency Contact: Name \_\_\_\_\_ Phone \_\_\_\_\_  
Primary Care Physician: Name \_\_\_\_\_ Phone \_\_\_\_\_

**Other Practitioners Involved In Your Care:**

Name \_\_\_\_\_ Phone \_\_\_\_\_  
Name \_\_\_\_\_ Phone \_\_\_\_\_

**Fees:**

It is our policy that you pay the entire session fee or co-pay at the time of each session. We will provide a minimum of one month's notice of any changes to our fees.

Insurance Company \_\_\_\_\_

Insurance Company Phone Number (Provider Line) \_\_\_\_\_

ID # \_\_\_\_\_

Please bring a photocopy of your insurance card (front and back) **or** bring your card to your first appointment so we can make a copy at the clinic.

**Cancellation Policy:**

If you need to change or cancel your appointment please notify us within a minimum of 24 hours notice. Failure to do so will result in being charged the equivalent of the cash rate of the missed appointment to your account.

☐ **I understand the cancellation policy.**

**Signature:** \_\_\_\_\_ **Date:** \_\_\_\_/\_\_\_\_/\_\_\_\_

**Jean Donati Acupuncture, LLC**  
**Licensed Acupuncturist**  
**410-984-3700**

**OFFICE POLICIES** (Revised 10/4/2023)

1. Payment for services is due at the time of service unless other arrangements have been made.
2. Please call with cancellations 24 hours prior to appointment.
3. **Cancellations not made within 24 hours** of scheduled appointment, and missed appointments **are subject to current treatment fees.**
4. No Shows or Late Cancellations **are subject to current treatment fees.**
5. In the event that you are having symptoms of **COVID 19** (Cough, fever, loss of taste or smell) or have been exposed to someone with COVID 19, **please CALL the office, do not come in.**

**Seek medical attention and advise from your primary physician.**

Appointments missed due to COVID symptoms with a **documented positive Covid test result** will not be charged.

I have read and understand these policies. I have had the opportunity to ask any questions relating to these policies.

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Client Signature

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Date

**Jean Donati Acupuncture, LLC**  
**Jean Donati M.Ac., L.Ac. Licensed Acupuncturist**  
**604 E. Joppa Rd Towson, MD 21286 (410) 984-3700**

**Privacy Practices Notification**

In compliance with the Health Insurance Portability and Accountability Act (HIPAA) of 1996, this office would like to inform you of its Privacy Practices. These practices are directed at protecting the privacy of your treatments and medical information.

The privacy practices insure you that:

1. All patient records are stored in a secured area.
2. You have the right to review your chart. Should you like to review your chart we request that you make an appointment with your practitioner to do so.
3. Your medical information is private. This office is unable to discuss your treatment or provide medical information or records with anyone without your explicit written consent.
4. Information shared with your insurance company will only be information required to secure payment for services. This information may include your name, diagnosis, CPT code, dates of service, treatment fees. If your insurer requires more information, they must obtain your consent before this office will share the requested information.
5. Should you like your Practitioner to speak with another of your health care providers you must sign the Records Release Form to allow your Practitioner to provide information to anyone.
6. You may review the Privacy Practices Policy at any time, though your Practitioner may request that you make an appointment to make sure your questions are answered in a timely fashion.

In signing below, I acknowledge receipt of the Privacy Practices Notification for Jean Donati Acupuncture, LLC.

Patient Name (please print) \_\_\_\_\_

Patient Signature \_\_\_\_\_

Date: \_\_\_\_\_

## COVID-19 INFORMED CONSENT TO TREAT

I understand that the novel Coronavirus (COVID-19) has been declared a global pandemic by the World Health Organization (WHO). I further understand that COVID-19 is extremely contagious and may be contracted from various sources. I understand COVID-19 has a long incubation period during which carriers of the virus may not show symptoms and still be contagious.

I understand that I am the decision maker for my health care. Part of this office's role is to provide me with information to assist me in making informed choices. This process is often referred to as "informed consent" and involves my understanding and agreement regarding recommended care, and the benefits and risks associated with the provision of health care during a pandemic. Given the current limitations of COVID-19 virus testing, I understand determining who is infected with COVID-19 is exceptionally difficult.

**To proceed with receiving care, I confirm and understand the following (Initial in all seven places provided)**

**Initial  
Below**

- I understand my treatment may create circumstances, such as the discharge of respiratory droplets or person-to-person contact, in which COVID-19 can be transmitted.
- I understand that I am opting for an elective treatment that may not be urgent or medically necessary, and that I have the option to defer my treatment to a later date. However, while I understand the potential risks associated with receiving treatment during the COVID-19 pandemic, I agree to proceed with my desired treatment at this time.
- I understand due to the frequency of appointments with patients, the attributes of the virus, and the characteristics of procedures, I may have an elevated risk of contracting COVID-19 simply by being in a health care office.
- I confirm I am not experiencing any of the following symptoms of COVID-19 that are listed below:
  - \*Fever
  - \*Dry Cough
  - \*Sore Throat
  - \*Shortness of Breath
  - \*Runny Nose
  - \*Loss of Taste or Smell
- I understand travel increases my risk of contracting and transmitting the COVID-19 virus. I verify that I have NOT in the past 14 days I have not traveled: 1) Outside of the United States to countries that have been affected by COVID-19; or 2) Domestically within the United States by commercial airline, bus, or train.
- I am informed that you and your staff have implemented preventative measures intended to reduce the spread of COVID-19. However, given the nature of the virus, I understand there may be an inherent risk of becoming infected with COVID-19 by proceeding with this treatment. I hereby acknowledge and assume the risk of becoming infected with COVID-19 through this elective treatment and give my express permission to you and the staff at your offices to proceed with providing care.
- I have been offered a copy of this consent form.

I KNOWINGLY AND WILLINGLY CONSENT TO THE TREATMENT WITH THE FULL UNDERSTANDING AND DISCLOSURE OF THE RISKS ASSOCIATED WITH RECEIVING CARE DURING THE COVID-19 PANDEMIC. I CONFIRM ALL OF MY QUESTIONS WERE ANSWERED TO MY SATISFACTION.

I HAVE READ, OR HAVE HAD READ TO ME, THE ABOVE COVID-19 RISK INFORMED CONSENT TO TREAT. I APPRECIATE THAT IT IS NOT POSSIBLE TO CONSIDER EVERY POSSIBLE COMPLICATION TO CARE. I HAVE ALSO HAD AN OPPORTUNITY TO ASK QUESTIONS ABOUT ITS CONTENT, AND BY SIGNING BELOW, I AGREE WITH THE CURRENT OR FUTURE RECOMMENDATION TO RECEIVE CARE AS IS DEEMED APPROPRIATE FOR MY CIRCUMSTANCE. I INTEND THIS CONSENT TO COVER THE ENTIRE COURSE OF CARE FROM ALL PROVIDERS IN THIS OFFICE FOR MY PRESENT CONDITION AND FOR ANY FUTURE CONDITION(S) FOR WHICH I SEEK CARE FROM THIS OFFICE.

Patient	Parent /			
Signature:	Guardian		Witness	
_____	Signature	_____	Signature	_____
Name	Name	_____	Name:	_____
_____	_____			
Date	Date	_____	Date:	_____
_____	_____			



**INFORMED CONSENT FOR FACIAL ACUPUNCTURE**  
(Acupuncture Facial)

**INSTRUCTIONS** - This is an informed consent document that has been prepared to help your acupuncturist inform you concerning facial acupuncture treatments, the risks involved, and possible alternatives. Please be advised that this is not a surgical procedure. It is important that you read this information carefully and completely. Please initial each page, indicating that you have read the page and sign the consent for facial acupuncture treatments, as proposed by your acupuncturist.

**INTRODUCTION** - An acupuncture facial treatment involves the insertion of acupuncture needles into fine lines and wrinkles on the face and neck in order to reduce the visible signs of aging. In Oriental medicine, the meridians or pathways of *Qi* (energy) flow throughout the entire body from the soles of the feet up to the face and head; consequently, a facial acupuncture treatment addresses the entire body constitutionally, and is not merely “cosmetic.” An acupuncture facial involves the patient in an organic, gradual process, that is customized for each individual. It is no way analogous to, or a substitute for, a surgical “face lift”. A treatment session may confine itself solely to facial acupuncture, or it may be used in conjunction with other procedures.

**BENEFITS** - Facial acupuncture can increase facial tone, decrease puffiness around the eyes, as well as bring more firmness to sagging skin, enhance the radiance of the complexion, and flesh out sunken areas. Customarily, fine wrinkles will disappear, and deeper ones be reduced. As this treatment is not merely confined to the face, but incorporates the entire body and constitutional issues of health.

**Contraindications for Treatment:**

- High blood pressure
- Problems with bleeding or bruising
- Severe Migraine headaches
- Parkinson’s disease
- Recent Microdermabrasion
- Diabetes mellitus
- Cancer
- AIDS
- Recent laser treatments
- Hepatitis
- Vertigo
- Hemophilia
- Botox treatments
- Dermal filler (Restylane, Juvederm, Radiesse etc)
- Any skin diseases (poison ivy, eczema, hives)
- Pregnancy
- Cold or flu
- Herpes outbreak
- Allergic reactions
- Extreme stress or tension

**ALTERNATIVE TREATMENT** - Improvement of sagging skin, wrinkles and fatty deposits may be attempted by other treatments or surgery such as a surgical facelift, chemical face peels, or liposuction. Risk and potential complications are associated with these alternative forms of treatment.

**RISKS OF AN ACUPUNCTURE FACIAL** - Every procedure involves a certain amount of risk and it is important that you understand the risks involved with an acupuncture facial. An individual’s choice to undergo an acupuncture facial is based upon the comparison of the risk to potential benefit. Although the majority of patients do not experience the following complications, you should discuss each of them with your acupuncturist to make sure you understand the risks, potential complications, and consequences of an acupuncture facial.

- **BLEEDING** - It is possible, though very unusual, that you may have problems with bleeding during an acupuncture facial. Should post-acupuncture bleeding occur, it will usually only consist of a few drops. Accumulations of blood under the skin may cause a bruise, or *hematoma*, which will resolve itself.
- **INFECTION** - Infection is very unusual after an acupuncture facial. Should an infection occur, additional treatment, including antibiotics, may be necessary.
- **DAMAGE TO DEEPER STRUCTURES** - Deeper structures such as blood vessels and muscles are rarely damaged during the course of a facial acupuncture treatment. If this does occur, the injury may be temporary or permanent.
- **ASYMMETRY** - The human face is normally asymmetrical. Thus, there can be a variation from one side to the other in the results attained from a facial acupuncture treatment.
- **BRUISING AND PUFFINESS** - There is a possibility of bruising (hematomas), puffiness, blood, tingling, itching, warmth, pain or other symptoms at the site of the needle.
- **NERVE INJURY** - Injuries to the motor or sensory nerves rarely result from facial acupuncture treatments. Nerve injuries may cause temporary or permanent loss of facial movements and feeling. Such injuries may improve over time. Injury to sensory nerves of the face, neck and ear regions may cause temporary or more rarely permanent numbness. Painful nerve scarring is very rare.
- **NEEDLE SHOCK** - Needle shock is a rare complication after an acupuncture facial.
- **UNSATISFACTORY RESULT** - There is the possibility of a poor result from an acupuncture facial. You may be disappointed with the results.
- **ALLERGIC REACTIONS** - In rare cases, local allergies to topical preparations have been reported. Systemic reactions which are more serious may occur to herbs used during an acupuncture facial. Allergic reactions may require additional treatment.
- **DELAYED HEALING** - Delayed wound healing or wound disruption are a rare complication experienced by patients in the aftermath of an acupuncture facial. There is a greater risk for smokers, who frequently have dry, sagging skin, which does not heal as readily as that of non-smokers.
- **LONG TERM EFFECTS** - Subsequent alterations in facial appearance may occur as the result of the normal process of aging, weight loss or gain, sun exposure, or other circumstances not related to an acupuncture facial. An acupuncture facial does not arrest the aging process or produce permanent tightening of the face and neck. Future facial acupuncture maintenance treatments, or other treatments, may be necessary to maintain the results of an acupuncture facial.

**MICRONEEDLING**- Micro needling is the insertion of very fine needles into the skin for the purpose of rejuvenating the skin.

**Contraindications:**

- Accutane within 6 months
- scleroderma
- collagen vascular disease
- cardiac abnormalities
- rosacea
- blood clotting problems
- platelet abnormalities
- anticoagulation therapy (i.e.: Warfarin)
- facial cancer (past and present)
- chemotherapy
- steroid therapy
- dermatological diseases affecting the face
- diabetes and other chronic conditions
- active bacterial infections
- fungal infections

- immune suppression
- scars less than 6 months old
- Botox/facial fillers in the past 2-4 weeks.
- Treatment is not recommended for patients who are pregnant or nursing.

**Precautions:** keloid or raised scarring, eczema, psoriasis, actinic keratosis, and herpes simplex.

**Side Effects Typically Include:**

- Skin may be pink or red and feel warm like mild sunburn, or tight and itchy. All of which typically subsides within 12-48 hrs.
- Minor flaking or dryness of the skin, with scab formation in rare cases.
- Crusting, discomfort, bruising and swelling may occur.
- Pinpoint bleeding.
- It is possible to have a cold sore flare if you have a history of outbreaks.
- Freckles may lighten temporarily or permanently disappear in treated areas.
- Infection is rare but if you see any signs of tender redness or pus notify our office immediately.
- Hyperpigmentation (darkening of the skin) rarely occurs and usually resolves itself after a month.
- Permanent scarring is extremely rare.

**HEALTH INSURANCE** - Most health insurance companies exclude coverage for an acupuncture facial and/or any complications that might occur from an acupuncture facial. Please carefully review your health insurance subscriber information pamphlet.

**ADDITIONAL CARE NECESSARY** - There are many variable conditions in addition to risk and potential complications that may influence the long-term result from acupuncture facial treatments. Even though risks and complications occur infrequently, the risks cited are the ones that are particularly associated with an acupuncture facial treatment. Other complications and risks can occur but are even more uncommon. Should complications occur, other treatments may be necessary. The practice of acupuncture is not an exact science. Although good results are expected, there is no guarantee or warranty, either expressed or implied, on the results that may be obtained.

**FINANCIAL RESPONSIBILITIES** - The cost of an acupuncture facial involves several charges for the services provided. The total includes fees charged by your acupuncturist, the cost of acupuncture supplies, and topical preparations. Depending on whether the cost of your acupuncture facial is covered by an insurance plan, you will be responsible for necessary co-payments, deductibles, and charges not covered.

**DISCLAIMER** - Informed-consent documents are used to communicate information about the proposed procedure along with disclosure of risks and alternative forms of treatment(s). The informed consent process attempts to define principles of risk disclosure that should generally meet the needs of most patients in most circumstances. However, informed consent documents should not be considered all-inclusive in defining other methods of care and risks encountered. Your acupuncturist may provide you with additional or different information which is based upon all the facts in your particular case and the present state of knowledge within the field of acupuncture. Informed consent documents are not intended to define or serve as the standard of acupuncture. Standards of acupuncture are determined on the basis of all of the facts involved in an individual case and are subject to change as scientific knowledge and technology advance and as practice patterns evolve. It is important that you read the above information carefully and have all of your questions answered before signing the following consent.

**CONSENT FOR FACIAL ACUPUNCTURE PROCEDURE OR TREATMENT**

1. I hereby authorize \_\_\_\_\_ and such assistants as may be selected to perform acupuncture facial. I have received the INFORMED CONSENT FOR FACIAL ACUPUNCTURE.

2. I recognize that during the course of the acupuncture facial, unforeseen conditions may necessitate different procedure those above. I therefore authorize the above acupuncturist and assistants or designees to perform such other procedure are in the exercise of his or her professional judgment necessary and desirable. The authority granted under this paragraph shall include all conditions that require treatment and are not known to my acupuncturist at the time the procedure is performed.
3. I acknowledge that no guarantee has been given by anyone as to the results that may be obtained.
4. I authorize the release of my Social Security number to appropriate agencies for legal reporting and medical device registration, if applicable.
5. IT HAS BEEN EXPLAINED TO ME IN A WAY THAT I UNDERSTAND:
  - A. THE ABOVE TREATMENT OR EXPOSURE TO BE UNDERTAKEN
  - B. THERE MAY BE ALTERNATIVE PROCEDURES OR METHODS OF TREATMENT
  - C. THERE ARE RISKS TO THE PROCEDURE OR TREATMENT PROPOSED

**I CONSENT TO THE TREATMENT OR PROCEDURE AND THE ABOVE LISTED ITEMS (1-5). I AM SATISFIED WITH THE EXPLANATION.**

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**Patient** *(or Person Authorized to Sign for Patient)*

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**Practitioner**

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**Date**

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**Date**

## COSMETIC ACUPUNCTURE HEALTH INTAKE FORM

*Please take the time to fill out this questionnaire carefully. The information you provide will assist me in formulating a complete health profile for you. All answers are confidential.*

Date: \_\_\_\_\_

Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Is it ok to contact you via email? Yes: \_\_\_\_\_ No: \_\_\_\_\_ Email: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Work: \_\_\_\_\_ Cell: \_\_\_\_\_

Gender: \_\_\_\_\_ Marital Status: \_\_\_\_\_ Occupation: \_\_\_\_\_

Referred By: \_\_\_\_\_ Emergency contact & phone# \_\_\_\_\_

Primary Care Physician: \_\_\_\_\_ Phone #: \_\_\_\_\_

Are you currently/within the last year been under the care of your Primary Care Dr.?

What conditions? \_\_\_\_\_

**Describe your main skin concerns and goals and use the picture below to draw areas of concern.**

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**What makes your skin condition better?** \_\_\_\_\_

**What makes your skin condition worse?** \_\_\_\_\_

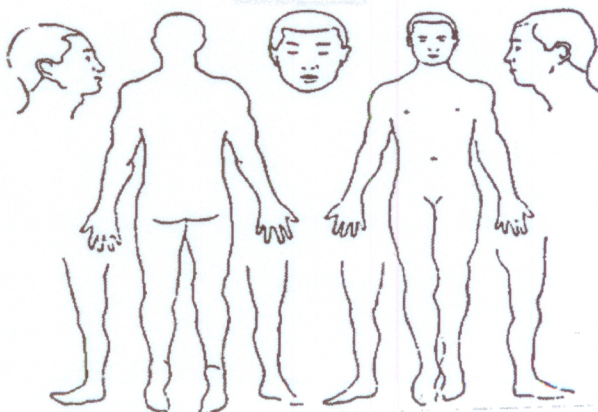
**List any other medical diagnoses or concerns:**

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**Trauma (emotional, physical), Surgeries, accidents, injuries, chronic illness:** (please include date).

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Note areas of concern, scars or areas of recent or past trauma.





We use essential oils in our treatments and suggest dietary considerations. Please notify us of the following:

**Allergies/Intolerances:** (Nuts, oils, food, chemical, environmental, drugs, etc.) \_\_\_\_\_

**Medications:** (names & dosages) Please attach an additional page if necessary. \_\_\_\_\_

**Vitamins/Supplements/Herbs:** \_\_\_\_\_

### Exercise

Days per week	Length of workout	Type of Activity
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### Diet

Meals per day	Snacks	Caffeinated Drinks	Alcohol/week
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	A lot	Some	A little	None
Veggies/fruit	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Meat/seafood	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Eggs/nuts/beans	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Dairy	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Whole grains	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
White flour carbs	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Sugar	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Fried foods	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

### Personal History

Please check any conditions you have now or have had in the past.

<input type="checkbox"/> Migraine	<input type="checkbox"/> Bleeding Disorder	<input type="checkbox"/> Blood Thinning Medication	<input type="checkbox"/> Pregnancy
<input type="checkbox"/> Seizure	<input type="checkbox"/> Hypertension	<input type="checkbox"/> Herpes	<input type="checkbox"/> Concussion
<input type="checkbox"/> Oral Herpes	<input type="checkbox"/> Vertigo or Dizziness	<input type="checkbox"/> Pituitary tumor/disorder	<input type="checkbox"/> Cancer
<input type="checkbox"/> AIDS/HIV	<input type="checkbox"/> Congestive Heart Failure	<input type="checkbox"/> Allergic Reactions	

<input type="checkbox"/> Arthritis	<input type="checkbox"/> Liver/Gall Bladder Disease	<input type="checkbox"/> Stroke	<input type="checkbox"/> Heart Disease
<input type="checkbox"/> Cancer	<input type="checkbox"/> Hypo/Hyperglycemia	<input type="checkbox"/> Kidney Disease	<input type="checkbox"/> Diverticulitis/IBS
<input type="checkbox"/> Ulcer	<input type="checkbox"/> Diabetes	<input type="checkbox"/> Allergies	<input type="checkbox"/> Multiple Sclerosis
<input type="checkbox"/> Chronic Fatigue	<input type="checkbox"/> Anemia	<input type="checkbox"/> Hepatitis	<input type="checkbox"/> Gastritis/Pancreatitis
<input type="checkbox"/> Alcoholism	<input type="checkbox"/> Asthma	<input type="checkbox"/> Thyroid Disorder	<input type="checkbox"/> Chronic Pain Condition

**Skin Questions, check all that are current or relevant.**

**Allergies To:** ☐ Cosmetics ☐ Topical creams ☐ Airborne Particles ☐ Other Explain \_\_\_\_\_

**Medications within last 3 months:** Accutane Birth Control Pills Hormones Vitamin A.

**Current Beauty Routine:** Cleanser \_\_\_\_\_ Toner \_\_\_\_\_ Moisturizer \_\_\_\_\_  
Masks \_\_\_\_\_ Other \_\_\_\_\_



Face: Past Facelift surgery Yes No Full Partial ? When \_\_\_\_\_ Satisfied Yes No.  
 Facials- Type \_\_\_\_\_ How often \_\_\_\_\_.

Microdermabrasion Chemical Peels Photolight rejuvenation Retin-A Renova Botox  
 Collagen injections Fillers.

Skin: Wrinkles Fine lines Cracking Herpes Cold Sores Blemishes Acne Dryness  
 Oily Herpes Rashes/Dermatitis Sagging Dullness Eczema Psoriasis Dry Skin.

Itching Fungal Infections Recent Moles Warts Discolorations Flushing Age Spots.

Complexion: Sallow (yellow) complexion Rosacea (Redness) Creamy-Burns never tans  
 Light-Burns tans slightly Light/Med-Burns moderately tans gradually Med-Seldom burns  
 tans well Brown-Rarely burns, deep tan Black-Never burns, deeply pigmented.

Eyes: Dark eye circles Puffy and swollen eye bags Puffy upper lids Wrinkles and Dry  
 skin around eyes Sty.

Hair: Thinness Dandruff Alopecia (baldness) Excess Facial Hair  
 Electrolysis treatments Yes No If so how often \_\_\_\_\_.

**Family Medical History** F (father), M (mother), S (sister), B (brother), GM (grandmother), GF (grandfather)

☐ Diabetes \_\_\_\_\_ ☐ Seizures \_\_\_\_\_ ☐ Heart Disease \_\_\_\_\_ ☐ Stroke \_\_\_\_\_  
☐ High Blood Pressure \_\_\_\_\_ ☐ Allergies \_\_\_\_\_ ☐ Cancer \_\_\_\_\_ ☐ Asthma \_\_\_\_\_

Please take your time and **check** if you have had any of these items listed below in the  
 last **year** or you feel they are a significant part of your medical history.

### General

<input type="checkbox"/> Poor Appetite	<input type="checkbox"/> Poor Sleeping	<input type="checkbox"/> Fatigue	<input type="checkbox"/> Fevers
<input type="checkbox"/> Chills	<input type="checkbox"/> Night Sweats	<input type="checkbox"/> Sweats Easily	<input type="checkbox"/> Tremors
<input type="checkbox"/> Cravings	<input type="checkbox"/> Localized Weakness	<input type="checkbox"/> Poor Balance	<input type="checkbox"/> Change in appetite
<input type="checkbox"/> Bleed/Bruise easily	<input type="checkbox"/> Weight loss/gain	<input type="checkbox"/> Peculiar tastes/smells	<input type="checkbox"/> Dental/gum problems
<input type="checkbox"/> Muscle weakness/fatigue	<input type="checkbox"/> Sudden energy drop	<input type="checkbox"/> Prefer Hot or Cold drink	<input type="checkbox"/> Cold hands and feet

### Head, Eyes, Ears, Nose, Throat

<input type="checkbox"/> Dizziness	<input type="checkbox"/> Difficulty swallowing	<input type="checkbox"/> Migraines	<input type="checkbox"/> Glasses
<input type="checkbox"/> Eye Strain	<input type="checkbox"/> Eye pain	<input type="checkbox"/> Poor night vision	<input type="checkbox"/> Night Blindness
<input type="checkbox"/> Color Blindness	<input type="checkbox"/> Cataracts	<input type="checkbox"/> Blurred vision	<input type="checkbox"/> Earaches
<input type="checkbox"/> Ringing in ears	<input type="checkbox"/> Poor hearing	<input type="checkbox"/> Spots in front of eyes	<input type="checkbox"/> Sinus problems
<input type="checkbox"/> Nose bleeds	<input type="checkbox"/> Recurrent sore throats/colds	<input type="checkbox"/> Grinding teeth	<input type="checkbox"/> Facial pain
<input type="checkbox"/> Sores on lips/tongue	<input type="checkbox"/> Dental problems	<input type="checkbox"/> Jaw clicks/locks/TMJ	<input type="checkbox"/> Headaches
	<input type="checkbox"/> Dry mouth	<input type="checkbox"/> Excess saliva	<input type="checkbox"/> Head other _____

### Cardiovascular

<input type="checkbox"/> Chest pain or pressure	<input type="checkbox"/> Irregular heart beat	<input type="checkbox"/> Palpitations at rest	<input type="checkbox"/> Fainting
<input type="checkbox"/> Cold hands/feet	<input type="checkbox"/> Swelling of hands/feet	<input type="checkbox"/> Blood clots	<input type="checkbox"/> Phlebitis
<input type="checkbox"/> Shortness of breath	<input type="checkbox"/> Varicose/spider veins	<input type="checkbox"/> Pressure in chest	<input type="checkbox"/> High blood pressure
<input type="checkbox"/> Low blood pressure	<input type="checkbox"/> Spontaneous sweating		



**Respiratory**

- |   |  |   |  |
|---|--|---|--|
| <input type="checkbox"/> Cough/Wheezing                       | <input type="checkbox"/> Coughing blood            | <input type="checkbox"/> Asthma                                   | <input type="checkbox"/> Bronchitis              |
| <input type="checkbox"/> Pneumonia                            | <input type="checkbox"/> Pain with deep inhalation | <input type="checkbox"/> Tight sensation in chest                 | <input type="checkbox"/> Difficult inhale/exhale |
| <input type="checkbox"/> Difficulty breathing when lying down |  | <input type="checkbox"/> Excess Production of phlegm...Color_____ |  |

**Gastrointestinal****Frequency of Bowel Movements**\_\_\_\_\_

- |  |   |                               |                                 |  |   |
|--|---|-------------------------------|---------------------------------|--|---|
| <input type="checkbox"/> Loose stools (>2 per day) | <input type="checkbox"/> Dry                  | <input type="checkbox"/> Soft | <input type="checkbox"/> Mucous | <input type="checkbox"/> Incomplete                | <input type="checkbox"/> Undigested Food                                  |
| <input type="checkbox"/> Nausea                    | <input type="checkbox"/> Vomiting             |                               |                                 | <input type="checkbox"/> Diarrhea                  | <input type="checkbox"/> Constipation                                     |
| <input type="checkbox"/> Gas                       | <input type="checkbox"/> Belching             |                               |                                 | <input type="checkbox"/> Black stools              | <input type="checkbox"/> Blood in stool                                   |
| <input type="checkbox"/> Indigestion               | <input type="checkbox"/> Bad breath           |                               |                                 | <input type="checkbox"/> Rectal pain               | <input type="checkbox"/> Hemorrhoids                                      |
| <input type="checkbox"/> Bloating                  | <input type="checkbox"/> Chronic laxative use |                               |                                 | <input type="checkbox"/> Loose stools (>2 per day) | <input type="checkbox"/> Abdominal pain/cramps                            |
| <input type="checkbox"/> Changes in appetite       | <input type="checkbox"/> Acid reflux/GERD     |                               |                                 | <input type="checkbox"/> Hernia                    | <input type="checkbox"/> Poor appetite <input type="checkbox"/> Excessive |
|  | <input type="checkbox"/> Significant thirst   |                               |                                 | <input type="checkbox"/> IBS/Crohn's Disease       |   |

**Genito-Urinary**

- |   |   |  |  |
|---|---|--|--|
| <input type="checkbox"/> Pain on urination                                  | <input type="checkbox"/> Frequent urination | <input type="checkbox"/> Blood in urine          | <input type="checkbox"/> Urgent urination          |
| <input type="checkbox"/> Unable to hold urine                               | <input type="checkbox"/> Kidney stones      | <input type="checkbox"/> Scanty flow             | <input type="checkbox"/> Copious flow              |
| <input type="checkbox"/> Impotence  | <input type="checkbox"/> Sores on genitals  | <input type="checkbox"/> Urinary tract infection | <input type="checkbox"/> Burning urination         |
| <input type="checkbox"/> Premature ejaculation                              | <input type="checkbox"/> Decreased libido   | <input type="checkbox"/> Prostatitis             | <input type="checkbox"/> Dribbling after urination |
| <input type="checkbox"/> Nocturnal emission                                 | <input type="checkbox"/> Pain in testicles  | <input type="checkbox"/> Herpes                  | <input type="checkbox"/> Infections                |
| <input type="checkbox"/> Night urination... What time?_____ How often?_____ |   |  | <input type="checkbox"/> Excessive libido          |

**Gynecological/Reproductive**

- |  |   |   |
|--|---|---|
| <input type="checkbox"/> Difficult/Painful intercourse | <input type="checkbox"/> Ovarian cysts              | <input type="checkbox"/> Age of first menses_____           |
| <input type="checkbox"/> Vaginal dryness               | <input type="checkbox"/> Endometriosis              | <input type="checkbox"/> Date of last menses_____           |
| <input type="checkbox"/> Vaginal sores                 | <input type="checkbox"/> Uterine Fibroids           | <input type="checkbox"/> Date of last PAP/Pelvic_____       |
| <input type="checkbox"/> Vaginal discharge             | <input type="checkbox"/> Fibrocystic breast tissue  | <input type="checkbox"/> Number of pregnancies_____         |
| <input type="checkbox"/> Infertility                   | <input type="checkbox"/> Polycystic Ovarian Disease | <input type="checkbox"/> Number of ectopic pregnancies_____ |
| <input type="checkbox"/> Irregular menstruation        | <input type="checkbox"/> PMS                        | <input type="checkbox"/> Number of live births_____         |
|  | <input type="checkbox"/> Painful menstruation       | <input type="checkbox"/> Number of miscarriages_____        |

Type of birth control?\_\_\_\_\_ How long?\_\_\_\_\_

**Musculoskeletal**

- |  |  |  |  |
|--|--|--|--|
| <input type="checkbox"/> Neck pain                           | <input type="checkbox"/> Shoulder pain   | <input type="checkbox"/> Hand/wrist pain | <input type="checkbox"/> Carpal Tunnel   |
| <input type="checkbox"/> Knee pain                           | <input type="checkbox"/> Sprains/Strains | <input type="checkbox"/> Sciatica        | <input type="checkbox"/> Foot/ankle pain |
| <input type="checkbox"/> Hip pain                            | <input type="checkbox"/> Muscle pain     | <input type="checkbox"/> Muscle weakness | <input type="checkbox"/> Tendonitis      |
| <input type="checkbox"/> Back pain Low___ Middle___ Upper___ |  | <input type="checkbox"/> Bursitis        | <input type="checkbox"/> Rotator Cuff    |

**Neuropsychological**

- |  |  |   |  |
|--|--|---|--|
| <input type="checkbox"/> Seizures              | <input type="checkbox"/> Loss of balance | <input type="checkbox"/> Vertigo/Dizziness            | <input type="checkbox"/> Areas of numbness           |
| <input type="checkbox"/> Anxiety/Panic attacks | <input type="checkbox"/> Bad temper      | <input type="checkbox"/> Easily susceptible to stress | <input type="checkbox"/> Seasonal Affective Disorder |
| <input type="checkbox"/> Nervousness           | <input type="checkbox"/> ADD/ADHD        | <input type="checkbox"/> Manic Depression             | <input type="checkbox"/> Irritable                   |
| <input type="checkbox"/> Numbness              | <input type="checkbox"/> Tics            |   |  |

Have you ever been treated for emotional problems? \_\_\_\_\_, Substance Abuse? \_\_\_\_\_, Suicide? \_\_\_\_\_



### **Informed Consent for Acupuncture Treatment and Care**

I hereby request and consent to the performance of acupuncture treatments and other complementary medicine procedures including various modes of physio-therapy on me (or on the patient named below, for whom I am legally responsible) by Jean Donati, LAc.

I understand that methods or treatment may include, but are not limited to: acupuncture, moxibustion, electrical stimulation, Chinese or Western herbal medicine, supplement recommendations, and nutritional counseling. **I understand that even though Jean Donati holds certification as a physician assistant, she will be acting as my acupuncturist only, and that if I am in need of any Western medical care, I will be referred to the appropriate Western medical provider.**

Acupuncture attempts to normalize physiological functions, to modify the perception of pain, and to treat certain diseases or dysfunctions of the body. I have been informed that acupuncture is a safe method of treatment, but occasionally there may be some bruising or tingling near the needling sites that last a few days. There have been very rare instances reported of fainting, infection and scarring. There have been extremely rare instances reported of spontaneous miscarriage and pneumothorax. There may be some bruising after cupping.

The herbs and nutritional supplements (which are from plant, animal and mineral sources) that have been recommended are traditionally considered safe in the practice of Chinese Medicine. I understand that some herbs may be inappropriate during pregnancy. If I experience any gastrointestinal upset or allergic reactions to the herbs, I will inform the acupuncturist.

I do not expect the acupuncturist to be able to anticipate and explain all risks and complications. I wish to rely on the acupuncturist to exercise judgment during the course of the procedure, which the acupuncturist feels at the time, based upon the facts then known, is in my best interests.

I understand the clinical and administrative staff may review my medical records and lab reports, but all my records will be kept confidential and will not be released without my consent. I have read, or have had read to me, the above consent. I have also had an opportunity to ask questions about its content.

I understand my patient records and patient information will be kept confidential and shared only when necessary to provide care and services, or by my authorization, or when required or permitted by law.

By signing below, I agree to the above- named procedures. I intend this consent form to cover the entire course of treatment for my present condition and for any future condition(s) for which I seek treatment.

**I understand that payment for services is due when they are rendered. I am responsible for the full amount of the services and agree to submit any insurance paperwork and accept reimbursement from my insurance company as per my individual policy.**

Patient's Name \_\_\_\_\_

Patient's/Patient Representative's Signature \_\_\_\_\_

Today's Date \_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_